

PLO 1: Professional

To prepare graduates who exhibit professional behavior, practice with high ethical standards and professional responsibility, follow legislative requirements, and are committed to lifelong learning and serving society.

The continuing competence goals completed in level 4 is an assignment that is preparing you for a quality assurance audit by the CDHO. Discuss how completing the continuing competence assignment demonstrates professionalism as defined by this program outcome as stated above.

In order to respond to this question, you will need to incorporate into your answer 2 of the 24-performance criterion listed under the Professionalism competency in the Entry-to-Practice Canadian Competencies for Dental Hygienists 2021 version that you feel are most relevant. Please clearly state the performance criteria number.

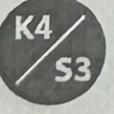
****Remember to write “see continuing competence assignment under PLO 1 of the portfolio” and include a literature cited section. For the Literature Cited section, you should include the following information: Federation of Dental Hygiene Regulators of Canada, Entry-Practice Canadian Competencies for Dental Hygienists, 2021.***

COMPETENCIES, BY DOMAIN OF EXPERTISE

A Professionalism

As professionals, dental hygienists are committed to the health of the public and to the profession, by integrating high ethical standards, best practices, and legislative requirements.

Competent dental hygienists are able to:

COMPETENCY	PERFORMANCE CRITERIA
<p>A.1 Exhibit professional behaviour</p> 	<p>A.1.1 Demonstrate <u>accountability</u>.</p> <p>A.1.2 <u>Manage</u> their biases, perspectives, and world views.</p> <p>A.1.3 Demonstrate a <u>professional presence</u>.</p> <p>A.1.4 Manage <u>conflicts of interest</u>.</p> <p>A.1.5 Maintain public trust in the profession.</p> <p>A.1.6 Respect <u>professional distance</u>.</p> <p>A.1.7 Engage in mentorship activities.</p> <p>A.1.8 Maintain their <u>wellness</u> and <u>fitness to practice</u>.</p> <p>A.1.9 Enhance effective and sustainable practice through self-care and lifestyle strategies.</p>
<p>A.2 Demonstrate a commitment to serving society</p> 	<p>A.2.1 Put the interests of society above their own.</p> <p>A.2.2 Engage in community service activities.</p> <p>A.2.3 Apply a <u>social justice</u> lens to promote equity.</p> <p>A.2.4 Fulfill the profession's <u>social contract</u>.</p> <p>A.2.5 Assist in the prevention and management of community incidents, outbreaks, and emergencies.</p>
<p>A.3 Integrate professional responsibilities into practice</p> 	<p>A.3.1 Exhibit capacity for <u>governability</u> through professional regulation.</p> <p>A.3.2 Maintain privacy, confidentiality, and security.</p> <p>A.3.3 Manage their strengths and limitations.</p> <p>A.3.4 Take appropriate action when signs of abuse or neglect are identified.</p> <p>A.3.5 Report unethical, unsafe, and incompetent services to the appropriate regulatory organizations.</p> <p>A.3.6 Ensure services provided are within the scope of dental hygiene practice.</p>
<p>A.4 Demonstrate a commitment to lifelong learning</p> 	<p>A.4.1 Reflect on opportunities for improvement through continual <u>evaluation</u>.</p> <p> A.4.2 Formulate specific, measurable, and realistic learning goals.</p> <p>A.4.3 Implement <u>strategies</u> to achieve learning goals.</p> <p> A.4.4 Integrate new knowledge and skills into practice.</p>

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1. The continuing competence goals completed in level 4 is an assignment that is preparing you for a quality assurance audit by the CDHO. Discuss how completing the continuing competence assignment demonstrates professionalism as defined by this program outcome as stated above.

This assignment was a great opportunity to practice what will be required by the CDHO in order to maintain the quality assurance program. Please see the continued competence assignment under program competency 1: professional for the evidence of this assignment. I developed two goals in order to better my dental hygiene practice, I also wanted to incorporate studying for the board exam into this. The two topics I chose was oral lesions, and basics of radiographs. Development of goals related to the FDHRC "Formulate specific, measurable, and realistic goals" (FDHRC 2021, A.4.2 p. 8). To create my goals I used the SMART goal method learned in level 1. In relation to my first goal I wrote something along the lines of By ~~the~~^{the} completing the continued education and research articles I will be able to effectively explain ~~of~~^a common oral lesions along with being able to demonstrate oral cancer screenings before May 25, 2025. (CDHO CE assignment, PLO 1 2025). This goal was specific

In what I wanted to learn relating to basics of oral lesions and development of my oral cancer screenings. It was measurable by putting a date on it by which it would be completed. In addition it was realistic that by completing 7 hours of online webinars, in addition to 3 hours of article Critiquing on oral lesions, that I would be able to attain this knowledge to better my clinical practice. This is a demonstration of the competency "Demonstrate a commitment to life long learning" (FDHRC, 2021, P. 8).

In addition to this I also feel that this assignment integrated many other competencies. For example "By integrating high ethical standards, best practices..." (FDHRC 2021, P. 8). By keeping up to date on new research and statistics we can keep our clients well informed on what to look out for. I learned a lot regarding my first goal on oral lesions. I specifically referenced each activity in my continued education assignment on my E-portfolio. The research went deep into benign vs malignancy, how these lesions look, what conditions they are related to and how to prevent them. I am able to take this information and "Integrate new knowledge and skills into practice" (FDHRC 2021, A.4.4, P. 8)

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In doing so I can show my clients how to complete their own oral cancer screening, I myself as a Clinician can identify lesions early. I ~~can~~ can let my clients know what is abnormal vs an anomaly and more. The competency of professionalism is of utmost importance, clinicians go above and beyond being a clinical therapist to achieve the best possible care. I especially feel that ~~Being~~ being able to "Exhibit professional behavior" (FOHRC 2021, P. 8) ~~By~~ caring for yourself and caring for the public goes a long way.

This assignment demonstrated many competencies of which I will be incorporating into my clinical practice.

LITURATURE CITED

Federation of Dental Hygiene Regulators of Canada. Entry-to-Practice Canadian Competencies for dental Hygienist. 2021, P. 8. A.1, A.4.2-4.

E. Portfolio. Megan Walbauer Dhe portfolio. Program Competency 1. 2025