Client Name: _____ Student Name: Megan Walbauer Date: Dec 13/2024

DENTAL HYGIENE TREATMENT PLAN

✓	Intervention	Objective ("To…")
☑	Oral Health Education (see OHR)	to educate client on oral hygiene techniques
☑	Periodontal Debridement (including deplaquing)	to Remove hard + Soft deposit, Ultrasonic if necessary
	☑ hand instrumentation	
	☑ ultrasonic instrumentation	
☑	Coronal Polish (if required)	to remove stain if necessary
☑	Topical Fluoride Treatment	to remineralize teeth / prevent against caries
	☑ 5% sodium fluoride (NaF) - varnish	
	☐ 2% neutral NaF - tray technique	
	☐ 2.72% APF (1.23% fluoride ion) - tray technique	
☑	Referral	Referral for DDS exam post DH tx.
	☑ Dentist (for dental examination)	
	☐ Other (specify: _____)	
☐	Enamel Sealants (pit and fissure sealants)	
☐	Impressions and Sportsguard Fabrication	
☐	Impressions and Whitening Tray Fabrication	
☐	Tobacco Cessation Counselling	
☐	3-day Diet Analysis and Nutrition Counselling	
☐	PICO (topic: _____)	
☐	Re-Evaluation	
	☐ 4-6 week post-debridement perio re-eval	
	☐ Other (specify: _____)	
☑	Pain Management (if required)	to provide comfort if necessary
	☑ topical anaesthetic (specify: oragix)	
	☐ local anaesthetic (administered by a dentist)	
☐	Other (specify: _____)	

Estimated number of appointments: 2		*Faculty Signature* Simone Harris-Evans RDH	*Date* Dec 13/24	
The above treatment plan has been discussed with me. *Client Signature*	*Date* Dec 13/24	☐ **Modifications to Treatment Plan required** (see reverse)	*FI*	*CI* / *Date*